



Menu

WEEK 1



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Meatballs in tomato sauce
and pasta

Chicken korma and rice

All day breakfast

Cheesy tomato pizza

Fish fingers and chips

Vegetarian

Meatballs in tomato sauce
and pasta

Quorn korma and rice

Veggie breakfast

Cheesy tomato pizza

Veggie fingers

Bakery

Sausage roll

Ham sandwich

Cheesy melt

Tuna mayo baguette

Chicken mayo wrap

Jacket
potato bar

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Pudding

Marble cookie

Apple cake and cream

Strawberry jelly and fruit

Pancakes with forest fruits
and cream

Flapjack

All main meals will be served with a carb and a bread option, as well as two portions of veg. All desserts are served with yoghurt and fresh fruit.



Menu

WEEK 2



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Mexican chilli and rice

Roast chicken and
Yorkshire pudding

Pasta bolognese

Sausage, mash
and gravy

Chicken nuggets
and chips

Vegetarian

Mexican chilli and rice

Roast quorn and
Yorkshire pudding

Veggie bolognese

Veggie sausage,
mash and gravy

Quorn dippers
and chips

Bakery

Sausage roll

Ham sandwich

Cheesy melt

Tuna mayo baguette

Chicken mayo wrap

Jacket
potato bar

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Pudding

Lemon and orange
drizzle cake

Custard cookie

Fruit muffin

Shortbread biscuit

Chocolate brownie

All main meals will be served with a carbohydrate and a bread option, as well as two portions of vegetables. All desserts are served with yoghurt and fresh fruit.

WEEK 3



Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

Cheesy tomato pasta

Chicken tikka masala
and rice

Burger and wedges

Yorkshire pizza

Fish and chips

Vegetarian

Cheesy tomato pasta

Quorn tikka masala
and rice

Veggie burger
and wedges

Yorkshire pizza

Veggie fingers and chips

Bakery

Sausage roll

Ham sandwich

Cheesy melt

Tuna mayo baguette

Chicken mayo wrap

Jacket
potato bar

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Jacket potato with cheese,
beans, tuna or salmon

Pudding

Cheesecake

Cinnamon iced bun

Rice crispy treat

Arctic roll

Pineapple upside
down cake

All main meals will be served with a carbohydrate and a bread option, as well as two portions of vegetables. All desserts are served with yoghurt and fresh fruit.