



Subject Position Statement

At Appleton Roebuck, we promote a healthy lifestyle with exercise and sport at the heart of our teaching.

'Physical education, sport and regular physical activity is part of a deep, rich, broad and exciting curriculum. It provides children and young people with the opportunity to express themselves physically, challenge themselves and others, experience different environments and activities, work together and release energy which helps de-stress and lowers anxiety levels.' - Mike Crichton, afPE.

The STARMAT Subject Progression Framework (SPF) ensures pupils gain an understanding appreciation of Music across the primary years. All schools follow the SPF allowing for collaboration across our schools. It also ensures that teachers can make direct links to previous learning, building on key knowledge and skills. Coverage of the National Curriculum is ensured through the SPF.



Physical Education Intent

Physical Education at Appleton Roebuck inspires our children to take part in a wide range of physical activities in a competitive yet safe environment. Children develop a love for sport, become team players, demonstrate discipline, show respect and excellent sportsmanship.

The aims and objectives of our Physical Education Curriculum have been carefully selected to ensure that children progress their physical skills year upon year. Children have the opportunity to excel in a range of sports and reach their full potential. They learn new skills whilst developing ones previously taught and go on to apply these in competitive games. We understand that teamwork is the foundation of any group sport and is at the very core of our curriculum. Children also develop knowledge of how their bodies change during physical activity and learn how to live a healthy and active lifestyle. We ensure that all children are able to take part in Physical Education and have confidence that with our broad curriculum, they will find sports that they are passionate about.

Curriculum Implementation

The teaching and implementation of PE follows the PE Hub scheme of work and is based on the National Curriculum. A long term plan has been created to ensure coverage and progression across all years.

Our Subject Progression Framework document outlines the knowledge and understanding that children will develop throughout each PE skill, for each year group, ensuring a well-structured approach and in-turn progression.

Children in Early Years access high quality provision both in the inside and outside environment. This allows them to access both fine and gross motor skill development each day. In addition to this they take part in a weekly PE lessons and Yoga sessions. In KS1 and KS children participate in high-quality PE lessons twice a week covering two different sports/skills per term.

Children will be provided with the opportunity to learn how to swim and perform safe self rescue.

All children take part in 'Active Minutes' throughout the school day and physical activity is promoted throughout the curriculum.

We provide children with opportunities to participate in extra-curricular activities that are inclusive, enjoyable and increase children's physical activity. Children participate in a variety of competitive, inter-school sports competitions.

Sports Day takes place on a yearly basis.

We celebrate the success of individuals, teams and the whole class within assemblies and encourage the children to give praise and positive feedback to others about their work in PE

Assessment, Monitoring & Progression

At Appleton Roebuck, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities.

Our pupils are physically active and this has positive implications on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of exercise.

PE assessment is ongoing to inform teachers with their planning, lesson activities and differentiation. This informs leaders of the improvements or skills that still need to be embedded.

PE is monitored throughout all year groups using a variety of strategies: pupil voice, learning walks and assessment data.

Physical Education Impact

Throughout their time at Appleton Roebuck Primary School, children find a love for sport, learn new skills and take part in competitive games.

By the time they leave, they have the ability to work as part of a team and believe in themselves.

Pupils can demonstrate a high level of physical skill, compete and excel in a range of sports, communicate effectively within a team, show resilience, display commitment and determination and think positively. This means that all children are able to achieve and reach their full sporting potential.